

ESA Astronaut Applicant Medical Examination List

The following is a list of required medical examinations that must be performed on a European Astronaut Applicant by a physician (e.g. general practitioner).

These medical examinations are equivalent to the JAR-FCL 3 Class 2 medical examinations.

ESA Medical Examinations and Parameters:

- 1. Interview/Questionnaire evaluation of family history, personal history and medical history
- 2. General physical examination, including
 - a. all major organ systems, including skin
 - b. mobility of extremities, joints and spine
 - c. routine ears-nose-throat examination
 - i. Hearing Analysis applicant must be able to understand correctly ordinary conversational speech at a distance of 2 meters from and with his back turned towards the examiner
 - d. basic neurology assessment
 - e. genito-urinary evaluation
 - f. for females: gynaecologic evaluation
 - g. resting heart rate and blood-pressure
- 3. Standard 12-lead Resting ECG
- 4. Blood analysis for Hemoglobin (Hb), Lipids and Cholesterol
- 5. Urine stick analysis, including Glucose, Leucocytes, Erythrocytes, Protein
- 6. Ophthalmologic Analysis (can also be performed by ophthalmologist or vision care specialist, e.g. optometrist)
 - a. vision in both eyes
 - b. distant Visual acuity with or without correction of 0.5 (6/12) or
 - better in each eye separately and with both eyes 1.0 (6/6) or better
 - i. Refractive error shall not exceed +5 to -8 diopters
 - ii. Astigmatism shall not exceed 3 diopters
 - c. normal color perception (Ishihara or Nagel's anomaloscope)